

About

Girls on the Run of Northern Virginia



At a time when most non-profit organizations are struggling to stay afloat, Girls on the Run® is growing at an exponential rate. Between 2007 and 2009, the total number of girls participating in Girls on the Run programs rose by 62%. Girls on the Run now serves over 50,000 girls annually in North America.

Girls on the Run of Northern Virginia is the organization's largest council and serves 10% of the participants, or over 6,000 girls annually in Northern Virginia.

Girls on the Run of NOVA operates over 200 programs at more than 150 public and private schools, and community centers across Arlington, Fairfax, Loudoun Prince William, and Stafford counties, as well as Alexandria City, Falls Church City, Manassas, and Manassas Park. Since Girls on the Run of NOVA was established as a non-profit 501(c)(3) in 2001, the organization has served more than 20,000 girls in Northern Virginia.

Girls on the Run of NOVA is open to all girls who want to participate. GOTR NOVA provides over \$100,000 each season in scholarships to daughters of our volunteer coaches and girls with financial need. New Balance, our corporate sponsor, also provides free running shoes for girls with financial need.

Girls on the Run of NOVA not only involves young girls, it embraces the entire community. Girls on the Run volunteers are parents, teachers, coaches, and buddy runners who through their involvement fortify the Girls on the Run mission to develop and educate girls for a lifetime of self-respect and healthy living. Over 150 community volunteers participated in the Girls on the Run of NOVA Reindeer Romp 5K Run at Reston Town Center in December, which attracted more than 6,500 runners. The Girls on the Run of NOVA 5K held in May at George Mason University is now the 2nd largest 5K in Northern Virginia, and the 2nd largest in the DC Metro area after the Susan G. Komen Race for the Cure.



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