

inspire **girls** to be
healthy and **confident**



Girls on the Run NOVA has teamed up with crowdrise.com for all of our FUNdraising efforts. It's an easy, fun way to get involved as an individual or as a team.

www.crowdrise.com/gotrnova

Are you running a marathon, a 10K or biking and want to raise money?

Get involved as an individual!

Are you part of a team, a school or an organization and want to raise money together for a good cause?

Get a Team Project started!

Is your company or business ready to start a wellness plan and reach a combined goal?

Create your Project Team now and start recruiting!

- 1. Go to crowdrise.com/gotrnova and click on 'Become a Fundraiser'.**
- 2. Sign up for a profile (this takes less than a minute) and create your own charitable profile page on crowdrise.**
- 3. Start your own fundraising campaign for GOTR NOVA or join someone else's Project Team.**
- 4. Ask for donations (use the Share button on your Project Page to message people about your project through Email, Facebook and Twitter.)**
- 5. Have fun and look out for great incentives and prizes!**

questions? email Kendra at kmorrison@gotrnova.org

learn dream live ...run