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# Sun Gazette

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## Team of Arlington Dads Place 77th in Long Race

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A half dozen Arlington dads placed 77th in a long-distances race in California.

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Arlington residents Kurt Schaubach, Reynolds Wilson, Rich Mandleur, Noah Simon, Michael Johnson and Larry Ellessor, who are all dads, traveled west to compete in the recent 199-mile Ragnar Napa Valley Race from San Francisco to Calistoga, Calif.

Running as team M4M, the group joined more than 300 other teams beginning at the Golden Gate Bridge, winding through picturesque Sausalito, past Santa Rosa and ending in Napa's Valley's wine country.

While most of the teams ran with 12 people, M4M competed as a six-person ultra team.

Distances for the runners ranged from 26 to 38 miles, broken up among three legs.

On a steady diet of energy bars, trail mix and Gatorade, Team M4M finished in 27:49:37 good enough to win its division and place 77th overall. Next up for the team is the Ragnar Wasatch Back Relay from Logan to Park City, Utah in early June.

Team M4M reached out to friends and family to support their run by donating to Girls on the Run of Northern Virginia. The program's mission includes educating and preparing girls in grades 3 through 8 for a lifetime of self respect and healthy living.

Through overwhelming generosity, M4M raised more than \$2,000, enough to provide 12 girls financial assistance to fully participate in the Girls on the Run program.

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