

Girls on the Run NOVA

What's in a fee?



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Most parents are happy to pay the fee we charge for Girls on the Run, but we do get a few questions from parents who ask us what the fee pays for.

Many of our costs are fairly straightforward, as they are the visible signs seen at every practice. These direct program costs include items given to every girl and every team:

- Healthy snacks at every practice
- a Girls on the Run Sport sack given for girls to carry their gear in
- a Girls on the Run Water Bottle
- a 5K T-Shirt
- a 5K Medal
- Copies of our Curriculum for coaches and printed handouts and game pieces for every team
- A box of supplies for every team---things like stickers and lap counters and items for the practice 5K
- Timing chips and race bibs for all of the girls who run the 5K

Some of our expenses are not as obvious---these expenses include items like:

- background checks for all coaches, to insure the safety of all of our girls
- insurance for our coaches and girls,
- our online registration system and the cost to keep our website operating
- 5K expenses, including signage for over 250 schools, miles and miles of steel barricade for our race course, police squads to insure safety at our 5K and many, many other expenses.

As a non-profit organization, we're committed to being good financial stewards on behalf of our girls and their families. Our goal is to continue to deliver a quality program to the girls of northern Virginia, while responsibly utilizing funds where needed.